



GRIZZLY JH SUMMER FOOTBALL



JUNE							JUNE							JULY						
S	M	T	W	T	F	S	Weights - June 3 - June 20 (8:30 - 9:30 a.m.)							S	M	T	W	T	F	S
						1	Team Camp June 24th - 27th - (6:00 - 8:30 a.m.)								1	2	3	4	5	6
2	3	4	5	6	7	8	JULY							7	8	9	10	11	12	13
9	10	11	12	13	14	15								14	15	16	17	18	19	20
16	17	18	19	20	21	22	Weights - July 8 - Aug 1 (8:30 - 9:30 a.m.)							21	22	23	24	25	26	27
23	24	25	26	27	28	29								28	29	30	31			
CONVICTION VS. COMPROMISE							Moving Beyond "MEdiocrity"							"STRONG CONVICTIONS PRECEDE GREAT ACTIONS." JAMES FREEMAN CLARKE						
AUGUST							AUGUST							SEPTEMBER						
S	M	T	W	T	F	S	19th - Practice Begins							S	M	T	W	T	F	S
				1	2	3	3:30 - 5:30 p.m.							1	2	3	4	5	6	7
4	5	6	7	8	9	10								8	9	10	11	12	13	14
11	12	13	14	15	16	17								15	16	17	18	19	20	21
18	19	20	21	22	23	24								22	23	24	25	26	27	28
25	26	27	28	29	30	31								29	30					
"BE INTENTIONAL"														"DON'T LET THE THINGS YOU CAN'T DO INTERFERE WITH WHAT YOU CAN DO"						
GRIZZLY CORE VALUES							FOOTBALL SCHEDULE 2024													

- 1 Juice (Monday)
- 2 Discipline (Tuesday)
- 3 Toughness (Wednesday)
- 4 Brotherhood (Thursday)
- 5 PAY DAY (Friday)

- Sept. 5 - Galena
- Sept. 12 - Independence
- Sept. 19 - @ Chanute
- Oct. 3 - @ Frontenac
- Oct. 10 - @ Ft. Scott
- Oct. 14 - Miami, OK
- Oct. 17 - @ Coffeyville

"Angry Red"

